

RESOURCE GUIDE



Office of
Mental Health



Manhattan

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Bellevue Hospital Center

Psychiatric Emergency Room

462 1st Ave New York, NY 10016

(212) 562-4678 | Walk In: 24/7

Anyone can walk in for mental health crisis care and treatment 24/7

Community Access Crisis Residence

Alternative to hospitalization for people experiencing mental health crisis

315 Second Avenue New York, NY 10003

(646) 257-5665 | Open: 24/7

Maximum Length of Stay: 28 Days

Mount Sinai St. Luke's Hospital

Psychiatric Emergency Room

1111 Amsterdam Ave New York, NY 10025

(212) 523-5849 | Walk In: 24/7

Anyone can walk in for mental health crisis care and treatment 24/7

ACMH Residential Crisis Residence

Alternative to hospitalization for people experiencing mental health crisis

165 East 2nd Street New York, NY 10009

212-253-6377 ex. 406/408 | Open: 24/7

Maximum Length of Stay: 28 days

Mental Health Treatment & Rehabilitation

The Fifth Ave Counseling Center

Individual Counseling & Psychiatric Services

5 East 17th St. New York, NY, 10003

(212) 989-2990

Mon -Fri. 9am-7pm

The Bridge

Individual Counseling & Psychiatric Services

248 W 108th St New York, NY 10025

(212) 663-3000 ex. 1372

M-F: 9am-5pm

Walk-in: M-F: 1pm-3pm

Henry Street Settlement Community Center

Individual Counseling & Psychiatric Services

40 Montgomery St 1st Floor New York, NY 10002

Tel: (212) 233-5032

M-F: 9am-5pm | Walk In: Tues & Wed. 10am-2pm

Saint Mark's Place Institute for Mental Health

Individual Counseling & Psychiatric Services

57 St. Mark's Pl New York, NY 10003

(212) 982-3470 ex. 135

M-Fri: 8:30am-9pm; Sat: 8:30am -7pm

Walk-in: M-F: 9am-5pm

Peer Support Services

Identity House

LGBTQ+ Walk-In Peer Counseling Center
208 W 13th St New York, NY 10014

info@identityhouse.org

Walk-in: Wed: 7pm-9pm | Sat: 6pm-8pm

Emma L. Bowen Community Center– Rainbow Club-house

Social Support and Peer Advocacy

1727 Amsterdam Ave 2nd Floor NY, NY 10031

Tel: (631) 629-8472

Mon-Fri: 9am-5pm

Fountain House - Clubhouse

Social Support and Peer Advocacy

425 W 47th St New York, NY 10036

Tel: 646-485-5203 x1425

enrollment@fountainhouse.org

Mon- Fri. 9am-5pm; Sat 3-8pm; Sun 12-5pm

National Alliance on Mental Illness (5 Boroughs)

Virtual Social Support and Peer Advocacy

307 W 38th St 8th Floor New York NY 10018

Tel: (212) 684-3264

M-F: 10am-6pm

Addiction or Substance Use Treatment and Support

Realization Center

Individual & group counseling, opioid treatment

25 E 15th St 7th Floor New York, NY 10003

Tel: (212) 627-9600

Mon-Fri: 8:30am-8pm; Sat. 9am-2pm

Parallax Center

Outpatient Clinic | Methadone Treatment & Detox

145 E 32nd St 6th Floor New York, NY 10016

Tel: (212) 779-9207

M-F: 9am-5pm; Sat-Sun: 9am-5pm (Only for detox patients)

Walk-in: Mon-Fri: 9am-3pm

The Bowery Mission

Food, clothing, showers, shelter, residential and community programs

90 Lafayette St. New York, NY, 10013

Tel: (212) 226—6214

Open 24 Hrs

Grand Central Neighborhood Social Services

Drop-In Center with access to food, clothing, showers, counseling & more

120 E 32nd St New York, NY 10016

Tel: (212) 883-0680 | Office: 8am - 7pm | Walk-in: 24/7

Harlem East Life Plan (H.E.L.P.)

Individual & group counseling, opioid treatment

2369 2nd Ave New York, NY 10035

Tel: (646) 558-5270

Methadone Treatment: Mon-Fri: 6am-3pm

Chemical Dependency: Mon.-Fri: 8am-4pm

Argus Community - Adult Resocialization Unit

Individual & group counseling, opioid treatment

507 W 145th St New York, NY 10031

Tel: (212) 234-1660

Mon, Thurs, & Fri: 6am-5pm; Tue & Wed. 6am–7pm Walk-in: M-F: 8am-12pm

Other Services

Alliance for Positive Change

Harm Reduction Center | Needle Exchange

35 E Broadway 2nd Floor New York, NY 10002

Tel: (212) 645-0875 ext. 100

Walk in: Mon 9am-7pm ; Tues & Fri 9am-5pm

Times Square Recharge Station

Safe space, free coffee and phone charging. Referrals for food, housing, social and mental health care supports

45th St. & Broadway

Walk in: M-F: 9am-3pm

To find more mental health programs and services, visit our website at: www.omh.ny.gov

